



GP guidance: The use of nasal flu spray for patients with Learning Disabilities and Needle Phobia

care for you



This document will advise clinicians how to support a person with a learning disability who is needle phobic and therefore refuses their flu vaccination.



People with a learning disability are an eligible cohort in the flu vaccination programme as they are more at risk of early mortality.

anxious



People with a learning disability may experience more anxiety relating to having an injection. You are entitled to, for those who are needle phobic to consider administering the nasal spray.



You are able to administer the nasal spray flu vaccination to under 18s using the PGD. For over 18's it can be administered 'off-Label' using a PSD. Flu vaccination programme: information for healthcare practitioners p.49.

The Equality Act (2010) - Reasonable Adjustments - Asst

A reasonable adjustment is a small change your Doctor can make to make your health appointment or visit more comfortable for you. (How you interpret or understand adjustments. You can get help to write down what you need to the letter and at the end of this document. You can get help to write down what you need to the letter and at the end of this document.)

Reasonable Adjustment	How you can help me	Yes	No	Comments
I can't hear your documents.	Can you print or enlarge?			
I can't see the information in your documents.	Can you print or enlarge?			
I can't see the information in your documents.	Can you print or enlarge?			
I can't see the information in your documents.	Can you print or enlarge?			
I can't see the information in your documents.	Can you print or enlarge?			
I can't see the information in your documents.	Can you print or enlarge?			
I can't see the information in your documents.	Can you print or enlarge?			
I can't see the information in your documents.	Can you print or enlarge?			
I can't see the information in your documents.	Can you print or enlarge?			
I can't see the information in your documents.	Can you print or enlarge?			

Remember you have a legal obligation to offer a reasonable adjustment to support a person with a learning disability. This support should help them to access health care opportunities.
Flu Vaccinations: supporting people with LD